

Subject: What is the ultimate goal for a committed Hindu and what can they do to achieve it?



Key Vocabulary

Dharma: teachings

Samsara - birth / rebirth cycle

Karma - force generated by a person's actions

Vice - something you do that is 'bad'

Virtue - an action that demonstrates high moral standards

Reincarnation - rebirth

Ahimsa-respect for all living things

Overview

We will learn about different practices and beliefs for Hindus, thinking about the 'best way' to live our life. What constitutes acts of virtue in our world?

Key Points of Learning (RAG at end of each session):

I can think of ways to be dutiful and 'good' at different stages of my life

I can explain some different things Hindus do to live the best life possible

I can explain the cycle of birth, death and rebirth

I can say what good and bad karma is

I can say how Hindus believe they should live their lives

I can explain what 'ahimsa' is and why it is important

I can compare the Hindu festival of Holi with another festival or religious celebration



Questions I want to Investigate now ...

What is one of the main Hindu beliefs? How might they show this belief in action? Can you think of other ways that Hindus may put their beliefs into action?

Useful website

<https://www.bbc.co.uk/bitesize/guides/zmgny4j/revision/3>