

Welcome to

Westbury  
Park School



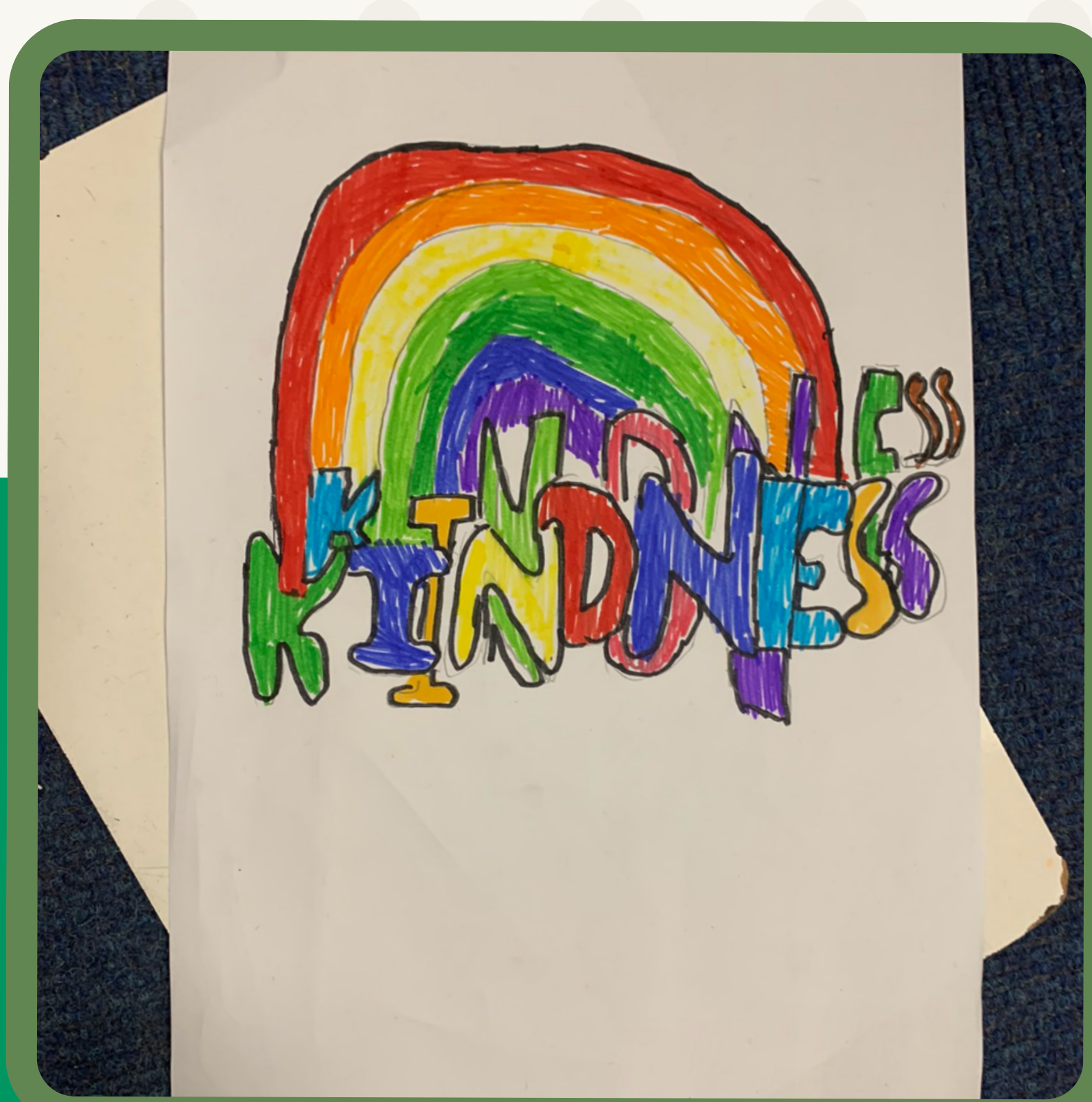
T: 0117 377 2676 westbury.park.p@bristol-schools.uk

# WESTBURY PARK SCHOOL

# PSHE CURRICULUM

## OUR VISION

At Westbury Park School, we give each and every child the knowledge and skills to help them stay safe and healthy with positive relationships, preparing them for life's opportunities in an ever-changing world. Children are encouraged to become resilient, caring and respectful members of a diverse society in which they make positive contributions.





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## OUR WESTBURY PARK CURRICULUM PILLARS

At Westbury Park School, five pillars underpin the intent and ethos of our curriculum, allowing for all children to experience a broad and balanced experience across all areas of learning.

Language  
& Oracy

Enrichment  
&  
Community

Connection  
& Purpose

Build &  
Challenge

Creativity  
&  
Curiosity





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## STATUTORY COVERAGE

### Relationships Education

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online Relationships
- Being Safe

### Health Education

- Mental Wellbeing
- Internet Safety and Harms
- Physical Health and fitness
- Healthy Eating
- Drugs, alcohol and Tobacco
- Health and prevention
- Basic First Aid
- Changing bodies





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# OUR WESTBURY PARK

## STRANDS

Families  
&  
Relationships

Health &  
Wellbeing

Safety &  
the  
changing  
body

Citizenship

Economic  
Wellbeing

Identity

## KEY SKILLS

Developing respect

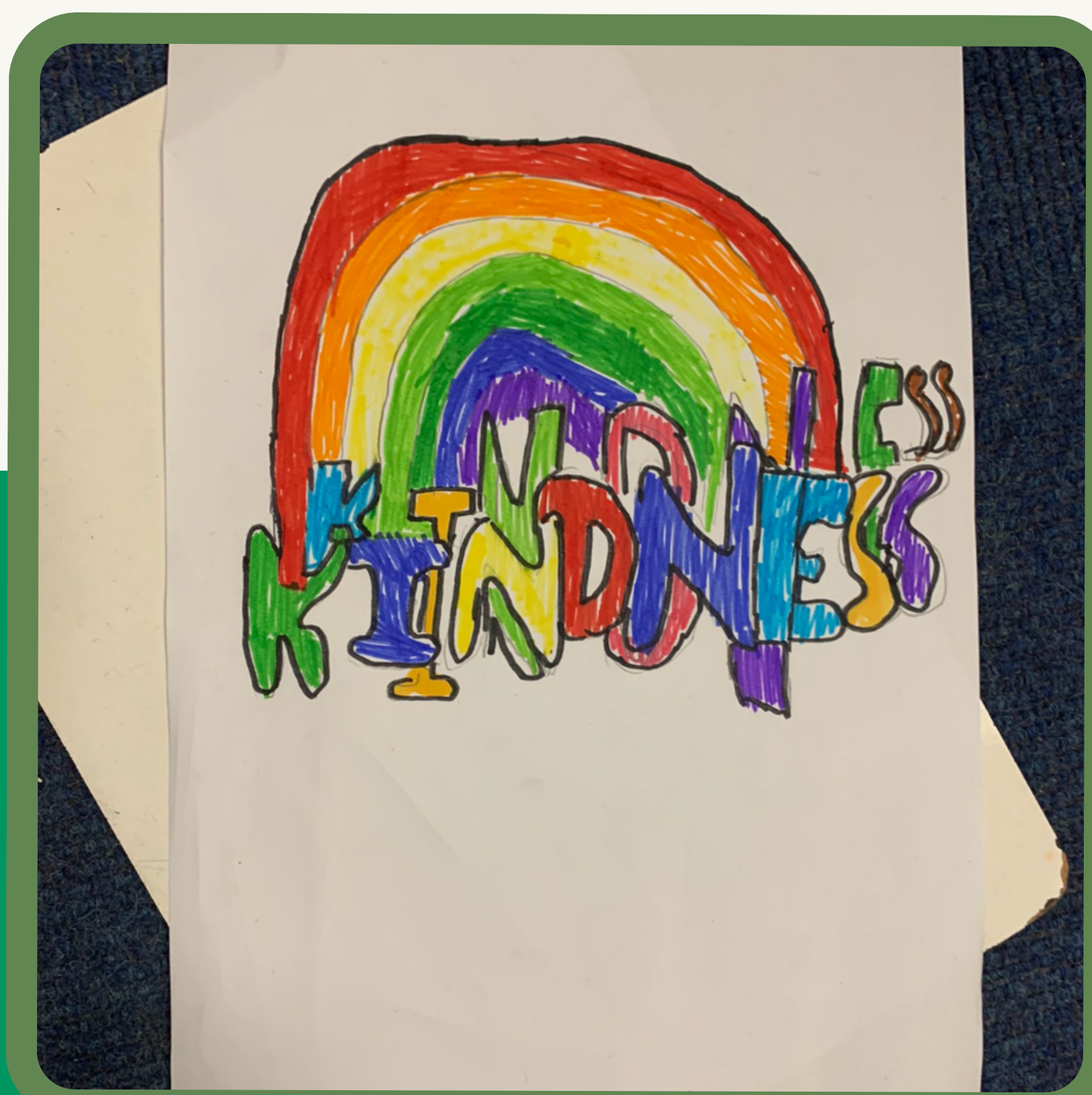
Listening and engaging

Managing our wellbeing

Identifying problems and  
resolving conflict

Setting goals

Embracing a diverse society







## OVERVIEW - EYFS & KS1

	T1	T2	T3	T4	T5	T6
EYFS	My Feelings	Building Relationships	Managing Self Esteem	Self Regulation	Family and Friends	My Wellbeing
Y1	Family & Relationships	Health & Wellbeing	Citizenship	Economic WellBeing	Safety & the changing body	
Y2	Family & Relationships		Health & Wellbeing Citizenship		Safety & the changing body Economic wellbeing	





## OVERVIEW- KS2

	T1	T2	T3	T4	T5	T6
Y3	Family & Relationships	Health & Wellbeing	Citizenship	Economic WellBeing	Safety & the chaging body	
Y4	Citizenship	Families & Relationships Health & Wellbeing		Economic WellBeing	Safety & the chaging body	
Y5	Family & Relationships	Health & Wellbeing	Citizenship	Economic WellBeing	Safety & the chaging body	
Y6	Family & Relationships	Health & Wellbeing	Citizenship	Economic WellBeing	Safety & the chaging body	Identity





## OUR WESTBURY PARK EXTRAS

Dementia  
Awareness

NSPCC  
workshops  
and  
assemblies

Mindfulness

PCSO  
sessions

Lifeskills

Natwest  
budgeting

Transition  
work

Visitors  
from the  
local area

