

Y1 DT: Fruit and Vegetables

Key Vocabulary

- Fruit
- Vegetable
- Seeds
- Leaf
- Root
- Stem
- Smoothie
- Healthy
- Carton
- Design
- Flavour
- Peel
- Slice



Useful Websites

<https://www.kapowprimary.com/subjects/design-technology/key-st-age-1/year-1/fruit-and-vegetables>

Overview

Pupils will identify if a food is a fruit or vegetable. They will identify where plants grow and which parts we eat. They will taste and compare fruits and vegetables. They will make a fruit and vegetable smoothie.

Key Points of Learning

- I can name a number of fruits and vegetables.
- I know how to determine if something is a fruit.
- I know that fruits and vegetables grow in on trees or vines, above the ground or below the ground.
- I can suggest what fruits and vegetables are in a drink.
- I can taste fruits and vegetables and describe their appearance and smell and taste.
- I can make a choice as to what smoothie I will make and why.
- I know how to prepare fruits and vegetables.
- I can use a knife to cut safely.
- I know how to use a blender.
- I can make a smoothie.

