



In this unit, children will focus on Ball Skills (move to learn), throwing and catching, racket skills and Storycises (daily 20mins)

Key Vocabulary

Accuracy,
underarm throw,
overarm throw,
wickets,
stumps.

Key Points of Learning

Know techniques for accurate overarm and underarm throwing.

Throw accurately.

Catch with cushioned hands.

Know the batting technique for cricket.

Know how to play continuous cricket.

Retrieve the ball effectively

To strike the ball for distance.

Use skills learned in a game situation.

Useful Websites

<https://www.chancetoshine.org/teaching-resources>

[BBC PE](#)

