

	Introductory lesson	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing
<b>Year 1</b>	<u>Setting ground rules for RSE and PSHE lessons</u>	<ul style="list-style-type: none"> <li><u>L2 What are friendships?</u></li> <li><u>L5 Friendship problems</u></li> <li><u>L6 Healthy friendships</u></li> <li><u>L7 Gender stereotypes</u></li> </ul>	<ul style="list-style-type: none"> <li><u>L1 Understanding my emotions</u></li> <li><u>L3 Ready for bed</u></li> <li><u>L5 Handwashing &amp; personal hygiene</u></li> <li><u>L6 Sun safety</u></li> <li><u>L7 Allergies</u></li> </ul>	<ul style="list-style-type: none"> <li><u>L1 Adults in school</u></li> <li><u>L2 Adults outside school</u></li> <li><u>L4 Making an emergency phone call</u></li> <li><u>L5 Appropriate contact</u></li> <li><u>L6 Safety with substances</u></li> </ul>	<ul style="list-style-type: none"> <li><u>L1 Rules</u></li> <li><u>L4 Similar, yet different</u></li> <li><u>L6 Democratic decisions</u></li> </ul>	<ul style="list-style-type: none"> <li><u>L1 Introduction to money</u></li> <li><u>L4 Saving and spending</u></li> </ul>
<b>Year 2</b>	<u>Setting ground rules for RSE and PSHE</u>	<ul style="list-style-type: none"> <li><u>L2 Families are all different</u></li> <li><u>L4 Unhappy friendships</u></li> <li><u>L5 Introduction to manners and courtesy</u></li> <li><u>L6 Change and loss</u></li> <li><u>L7 Gender stereotypes: Careers and jobs</u></li> </ul>	<ul style="list-style-type: none"> <li><u>L1 Experiencing different emotions</u></li> <li><u>L5 Developing a growth mindset</u></li> <li><u>L6 Healthy diet</u></li> <li><u>L7 Looking after our teeth</u></li> </ul>	<ul style="list-style-type: none"> <li><u>L2 Communicating online</u></li> <li><u>L3 Secrets and surprises</u></li> <li><u>L4 Appropriate contact: My private parts</u></li> <li><u>L5 Appropriate contact: My private parts are private</u></li> <li><u>L8 Staying safe with medicine</u></li> </ul>	<ul style="list-style-type: none"> <li><u>L1 Rules beyond school</u></li> <li><u>L5 Similar yet different- my local community</u></li> <li><u>L7 Giving my opinion</u></li> </ul>	<ul style="list-style-type: none"> <li><u>L3 Wants and needs</u></li> <li><u>L4 Looking after money</u></li> </ul>
<b>Year 3</b>	<u>Setting ground rules and signposting</u>	<ul style="list-style-type: none"> <li><u>L1 Healthy families</u></li> <li><u>L2 Friendship conflicts</u></li> <li><u>L3 Friendship: conflict vs bullying</u></li> <li><u>L5 Learning who to trust</u></li> <li><u>L6 Respecting differences in others</u></li> <li><u>L7 Stereotyping gender</u></li> </ul>	<ul style="list-style-type: none"> <li><u>L1 My healthy diary</u></li> <li><u>L5 Resilience: breaking down barriers</u></li> <li><u>L6: Diet and dental health</u></li> </ul>	<ul style="list-style-type: none"> <li><u>L1 First Aid: emergencies and calling for help</u></li> <li><u>L4 Cyberbullying</u></li> <li><u>L7 Drugs, alcohol and tobacco: influences</u></li> <li><u>L8 Keeping safe out and about</u></li> </ul>	<ul style="list-style-type: none"> <li><u>L1 Rights of the child</u></li> <li><u>L5 Charity</u></li> <li><u>L6 Local democracy</u></li> </ul>	<ul style="list-style-type: none"> <li><u>L1 Ways of paying</u></li> <li><u>L3 How spending affects others</u></li> <li><u>L5 Jobs and careers</u></li> </ul>