



Key Vocabulary

Footwork, pivot, pass, receive, chest pass, overhead pass, shoulder pass, bounce pass, dodging, marking, defence, intercepting, shooting, GS, GA, WA, WD, C, GD, GK

In this unit pupils will develop key skills such as passing, receiving, marking and shooting skills. They will link the above skills to keep possession of the ball. They will be able to perform these skills both stationary and on the move and will demonstrate principles such as defending, attacking, passing and shooting to play both smaller and larger sided games.

Key Points of Learning

Perform ***chest pass, bounce pass, shoulder pass and overhead pass*** with accuracy and consistency.

To demonstrate knowledge of footwork and understand how to make space by moving away and returning or dodging.

To demonstrate a range of defending skills, marking opponents and intercepting passes. Learn how to shoot using correct technique.

Understand positions in Netball- Know which are attacking and which are defending

Useful Websites

[England Netball | High 5 Rule Book](#)
[BBC PE](#)

