



In this unit pupils will develop key skills such as controlling the ball using the throw, catch, scoop and carry techniques. They will link the above skills to keep possession of the ball. They will be able to perform these skills both stationary and on the move and will demonstrate principles such as defending, attacking, passing and shooting to play both smaller and larger sided games.

Key Vocabulary

Scoop, Carry, Pass, Attack, Defend, Stick and basket, Goal and Crease, Intercept, Channelling

Key Points of Learning

Perform **Scooping, throwing, catching, carrying** skills with accuracy and consistency.
Perform passing skills with accuracy and control.
Develop a broader range of techniques for **attacking** and **defending**.
Apply skills learnt (carrying, passing, attacking and defending) to game situations.

Useful Websites

<https://www.englishlacrosse.co.uk/primary-school>
[BBC PE](#)

