



Chartwells Schools Nut Policy

- I. Chartwells will never use nuts or any product containing nuts as an ingredient within our food offer in schools.
- II. Occasionally Chartwells may carefully use products with a 'may contain' declaration for nuts, as long as no nuts are present in the ingredient list.
- III. If used, any 'May contain nuts' ingredients will be clearly identified on Allergen Reports in line with the Food Information Regulations.
- IV. Pupils with a nut allergy/allergies should request a medical diet menu which will remove any 'may contain nuts' products, if used, from their menu.
- V. If no ingredients with a 'may contains nuts' declaration are used on a school menu then a nut free medical diet menu is not required. In this instance, pupils with a nut allergy will be advised that they can eat from the main school menu.

Please note:

Chartwells do not endorse a completely 'no nuts' environment as we believe we have a duty of care to educate our pupils and staff on how to handle and manage their food allergy(ies) safely in the school environment.

This advice is consistent with external governing bodies and charities who state that a completely 'nut free' environment is artificial and can provide pupils with a false sense of security.

However, where a school-directed 'no nut' policy applies, Chartwells will support and comply and will not use any 'may contain nuts' ingredients.

For further information please contact the Chartwells medical diets team: chartwells.medicaldiets@compass-group.co.uk