



**EYFS LONG TERM PSHE PLAN**

**CURRICULUM INTENT:**

At EYFS, we use the Jigsaw scheme of work as it holds children at its heart and its cohesive vision helps children understand and value how they fit into and contribute to the world. With a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, we deliver engaging and relevant PSHE within a whole-school approach.

**EYFS GOALS:**

Jigsaw PSHE for Early Years integrates emotional literacy, self-regulation of behaviour, social skills and spiritual development. Sessions are structured to include a short input using a variety of learning approaches, appropriate for Early Years, with a selection of activities to support the learning. Jigsaw PSHE for Early Years includes mapping to Development Matters and the Early Learning Goals and identifies the Characteristics of Effective Learning for every session.

<b>EYFS EXPECTATIONS</b>	<b>Objectives</b>
<b>Being me in my world</b>	<ul style="list-style-type: none"> <li>● Understanding feelings</li> <li>● Being gentle</li> <li>● Right and Responsibilities</li> </ul>
<b>Celebrating difference</b>	<ul style="list-style-type: none"> <li>● Being special</li> <li>● Making friends</li> <li>● Standing up for yourself</li> </ul>
<b>Dreams and Goals</b>	<ul style="list-style-type: none"> <li>● Challenges</li> <li>● Perseverance</li> <li>● Achieving goals</li> </ul>
<b>Healthy Me</b>	<ul style="list-style-type: none"> <li>● Exercising bodies</li> <li>● Healthy food</li> <li>● Safety</li> </ul>
<b>Relationships</b>	<ul style="list-style-type: none"> <li>● Family life</li> <li>● Friendships</li> </ul>



	<ul style="list-style-type: none"><li>● Dealing with bullying</li></ul>
<b>Changing me</b>	<ul style="list-style-type: none"><li>● Bodies</li><li>● Respecting my body</li><li>● Growing up</li><li>● Growth and change</li><li>● Fun and fears</li><li>● Celebrations</li></ul>