

	Introductory lesson	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing
Year 4	<u>Setting ground rules and signposting</u>	<ul style="list-style-type: none"> <u>L1 Respect and manners</u> <u>L2 Healthy friendship</u> <u>L4 Bullying</u> <u>L6 Stereotypes: Disability</u> <u>L8 Change and loss</u> 	<ul style="list-style-type: none"> <u>L1 Looking after our teeth</u> <u>L3 Celebrating mistakes</u> <u>L5 My happiness</u> <u>L6 Emotions</u> <u>L7 Mental health</u> 	<ul style="list-style-type: none"> <u>L1 Internet safety: Age restrictions</u> <u>L2 Share aware</u> <u>L4 Privacy and security</u> <u>L7 Introducing puberty</u> <u>L8 Tobacco</u> 	<ul style="list-style-type: none"> <u>L1 What are human rights?</u> <u>L5 Diverse communities</u> 	<ul style="list-style-type: none"> <u>L2 Keeping track of money</u> <u>L4 Influences on career choices</u>
Year 5	<u>Setting rules and signposting</u>	<ul style="list-style-type: none"> <u>L2 Friendship skills</u> <u>L3 Marriage</u> <u>L4 Respecting myself</u> <u>L5 Family life</u> <u>L6 Bullying</u> <u>L8 Stereotypes: Race and religion</u> 	<ul style="list-style-type: none"> <u>L2 The importance of rest</u> <u>L5 Taking responsibility for my feelings</u> <u>L6 Healthy meals</u> <u>L7 Sun safety</u> 	<ul style="list-style-type: none"> <u>L1 Online friendships</u> <u>L2 Staying safe online</u> <u>L3 Puberty</u> <u>L4 Menstruation</u> <u>L6 First Aid: Bleeding</u> <u>L7 Alcohol, drugs and tobacco: Making decisions</u> 	<ul style="list-style-type: none"> <u>L1: Breaking the law</u> <u>L6 Parliament</u> 	<u>L3 Risks with money</u>
Year 6	<u>Setting ground rules for RSE and PSHE</u>	<ul style="list-style-type: none"> <u>L2 Respectful relationships</u> <u>L4 Challenging stereotypes</u> <u>L5 Resolving conflict</u> <u>L6 Change and loss</u> 	<ul style="list-style-type: none"> <u>L3 Taking responsibility for my health</u> <u>L4 The impact of technology on health</u> <u>L5 Resilience toolkit</u> <u>L6: Immunisation</u> <u>L8 Physical Health concerns</u> 	<ul style="list-style-type: none"> <u>L1 Alcohol</u> <u>L3 Social media</u> <u>L4 Physical and emotional changes of puberty</u> <u>L8 First Aid: Basic life support</u> 	<ul style="list-style-type: none"> <u>L1 Human rights</u> <u>L4 Prejudice and discrimination</u> <u>L6 National democracy</u> 	<ul style="list-style-type: none"> <u>L1 Attitudes to money</u> <u>L4 What jobs are available</u> <div style="background-color: #e91e63; color: white; text-align: center; padding: 5px;">Identity</div> <ul style="list-style-type: none"> <u>L3 Identity and body image</u>